Medication Log

Patient Name: Merry Jane Date(s): 7/1/16-7/2/16

Before and After Scale

10: Maximum discomfort

1: Minimum discomfort

0: No discomfort.

I= Indica H= Hybrid

S= Sativa

Time	7:00 zm/pm 7/1/16	Symptoms	Before	After	Side Effects/ Notes
Name	White Widow	Nausea	9	2	
Туре	Flower I H	Anxiety	7	1	
Amount	0.2 grams	Pain	7	3	Light headache after medicating
Method	Smoked- pipe				Very cerebral strain. Not good for focus
Time	12:30 am/pm//	Low energy	7	1	Good energy after medicating
Name	Blue Dream	No appetite	10	3	Hybrid not as effective as indica for hunger
Туре	Flower I J S	Anxiety	6	2	
Amount	0.3 grams				
Method	Vaporized				
Time	9:30 am/pp///	Pain	8	1	Concentrate more effective than flower
Name	Granddaddy Purple	Muscle Spasms- Legs	10	2	Close to no spasms
Туре	Concentrate / H S	Low mood state	8	3	Still have irritability
Amount	0.05 grams				
Method	Smoked- bong				
Time	8:30 a/n/pm 7/2/16	Nausea	8	2	Did not resolve until 2 hours after medication
Name	Chocolate Bar	Low energy	9	4	White widow better for energy
Туре	Edible I J S	Low appetite	7	3	
Amount	1/4 bar, 50 mg THC				
	Ingested				

